



Complete Nutrition Solutions

We care about you

Owner/Registered Dietitians: Ana D'Escrivan & Andie Lee Gonzalez

Locations:	
McAllen: 611 N McColl Rd, Suite A, McAllen TX 78501	Weslaco: 1001 Rone Drive, Suite #2, Weslaco TX 78596
Brownsville: 4430 E 14th St, Suite G, Brownsville, TX 78521	

Email: appointments@cnutritions.com

Appointment Scheduling: (956) 600-3475

Fax: (956) 447-1035

Tax ID: 851694687

NPI (Ana D'Escrivan): 1902325020

NPI Group: 1427675818

Nutrition Service Offerings:

- Health and Wellness Counseling Sessions (Pregnancy, Children, Adults and Elderly)
 - **Insurance Based Care** (check out in-network carriers below, insurance varies by insurance)
 - **Out of Pocket Fee: \$150.00**
 - Services offered in-person at select locations, virtually or by phone

Insurances: * INSURANCE VARIES BY PLAN *****

- BCBS- BAV - Blue Advantage HMO
- BCBS- BCA - BlueChoice PPO
- BCBS- HMO - Blue Essentials
- BCBS- MCH - Medicare Advantage HMO
- BCBS- PMC - Medicare Advantage PPO
- BCBS- MMP - Medicare Medicaid Plan
- BCBS- STAR Medicaid
- BCBS- STAR Plus
- BCBS- STAR Kids
- BCBS- CHIP
- UHC- United Health Care (Adults and Pediatric)
- Medicare
- Medicaid
- Prominence Health Plan
- Superior Medicaid/ Allwell/Ambetter
- WellMed (medicare guidelines: Diabetes and CKD non dialysis)
- Cigna
- Cigna Healthspring
- Molina (Medicare and Commercial)
- Molina Medicaid
- Driscoll
- Aetna

**** ASK ABOUT UPDATES TO INSURANCES ****